

ADULT LEARN TO PLAY HOCKEY



Join us for an exciting opportunity to learn the exhilarating sport of ice hockey! Whether you're a beginner or have some experience on the ice, our Adult Learn to Play Hockey program is designed to teach you the fundamentals and help you develop the skills needed to enjoy the game to the fullest.

Work with our experienced and knowledgeable coaches who will provide you with personalized instruction and helpful tips to accelerate your progress. Develop skills such as skating techniques, stickhandling, shooting, and game strategy; we'll cover all aspects of the game to help you become a well-rounded player. Our structured curriculum ensures steady progress and fosters a supportive learning environment. Our program is not just about learning skills; it's also about enjoying the camaraderie of fellow hockey enthusiasts. You'll have the chance to connect with like-minded individuals, make new friends, and build a strong community.

Please note: McCann Ice Arena follows a strict USA Hockey Zero-Tolerance Policy.

McCann Ice Arena | Poughkeepsie, New York

10 weeks on Sundays

September 10-November 12

7:30 am - 8:45am

10 week fee - \$250

Walk-In Fee - \$35



For More Information

Email: hockeydirector@mjncenter.org | Phone: (845) 567-0005

Register Online: www.mccannicearena.org